



Loving Hut

vegan cuisine

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be veg
 go green
 2 save the planet!

Tampa

Loving Hut is the largest family of vegan restaurants in the world and is the winner of VegNews 2010 Favorite Vegan Restaurant award. We have more than 200 outlets in major cities all over the world and over 40 outlets in the USA including Atlanta, Chicago, Philadelphia, Phoenix, Pittsburgh, Portland, Los Angeles, New York and San Francisco. We are also the fastest growing vegan restaurant in the world with international locations spanning across multiple countries in Asia, Europe, South America, North America and Australia.

Loving Hut is created with the vision that all beings can live in peace, love and harmony with each other. All of our menu items are made with only wholesome, plant-based ingredients. Each Loving Hut is individually owned, with the autonomy to choose its own menu, thus giving a distinctive difference among all of our locations.

Loving Hut believes that a plant-based diet is healthier, more compassionate, and is the only sustainable diet for the whole planet. We invite you to the world of delicious vegan cuisine. Bon appétit!

Starters & Salads



S1. **Spring Rolls** 4.25
 Rolls with carrot, cabbage, and celery



S2. **Summer Rolls** 4.25
 Fresh rice wrapper rolls with lettuce, carrot, jicama, and crispy chips



S3. **Golden Nuggets** 4.95
 Golden soy protein appetizer




S4. **Mango Sunshine Salad** 6.50
 Fresh mango, bell pepper, shallot



S5. **Creamy Wonton** 4.25
 Wonton with vegan cheese, soy protein, tofu, celery, onion and scallion



S6. **Passionate Fry** 2.95 
 Fries with spices, mild Cajun sauce





S7. **Hummus Chips** 4.25
 Homemade hummus, corn chips



S8. **Jumbo Drumsticks** 4.50
 Made with King Mushroom, Enoki, mushroom, soy protein, dip with chef's ginger sauce and peanuts *(Seasonal)*



S9. **Heavenly Salad** 6.95
 Green leaves, bell peppers, celery, cucumber, apple, avocado, nuts, and olives

Hot Spicy  Mild Spicy 




Sandwiches, Subs, Wraps & Sushi



F1. **Club Sandwich** 4.85
Vegan Strips, green leaves, garden tomatoes, and vegan mayonnaise



F2. **Loving Hut Burger** 4.85 
House patty, tomato, green leaves, onion, mushroom with mayonnaise. Exceptional choice for Meatless Monday to Sunday meal



F3. **Energy Wrap**
Hummus, tomato, cucumber, cabbage, carrot, and avocado (*seasonal*)
5.50



F4. **Melody Wrap** 5.50
Seaweed, apple, cucumber, cabbage, carrots, avocado (*seasonal*), vegan mayonnaise




F5. **Go Green Burrito** 5.50
Black Bean Burrito along with rice, fresh tomato, onion, avocado (*seasonal*), lettuce, carrots



F6. **Yogi Sub** 6.50
Soy protein, cabbage, carrots, vegan mayonnaise



F7. **Noble Philly Sub** 5.95 
Soy protein, onion, pepper, carrot, cabbage, mushrooms, and mild cajun sauce



F8. **Ocean Delight Sub** 5.95
Vegan flavored plant protein, onion, cabbage, carrot, tomato, and cucumber



F9. **Rainbow Sushi** 7.50
Vegan flavored plant protein, avocado, carrot, cucumber wrapped in seaweed

Rice & Noodle Dishes




M1. **Ginger Tofu** 6.50
Fried tofu covered with chef's ginger sauce completed by fresh tomato, cucumber, lettuce, and rice as a side



M2. **Coco Tofu** 6.50
Fried tofu covered with chef's brown sauce completed by fresh tomato, cucumber, lettuce, and rice as a side



M3. **Royal Kung Pao** 7.50 
Soy protein with carrot, zucchini, onion, and pepper sautéed with chef's vegan Kung Pao sauce; plus peanut on top and rice as a side




M4. **World Peace Tso** 7.50 
Soy protein with chef's vegan General Tso sauce surrounded by fresh tomato, cucumber, lettuce and rice as a side



M5. **Sesame Delight** 7.95
Special sesame-flavored vegan soy protein surrounded by steamed broccoli with sesame seeds on top and rice as a side



M6. **Fabulous Mongolia** 7.50 
Vegan soy protein with bell peppers, onions, scallion, carrots, mushrooms and rice as a side

Special Daily Choice 

Hot Spicy 

Mild Spicy 

Rice & Noodle Dishes *Continue*

Hot Spicy 🌶️🌶️ Mild Spicy 🌶️



M7. Pad Thai 7.95
Soy protein, tofu, sprouts, cabbage, carrot, celery, pepper, onion, ground peanuts, and rice noodles



M8. Lucky Lo-Mein 6.95
Stir fried noodle with mushroom, carrot, cabbage, celery, soy protein plus steamed sprouts on top.



M9. Singapore Noodle 7.50
Rice noodle, soy protein, pepper, carrots, sprouts, onion, green onion, mushroom, curry and spices



M10. Forever Love Broccoli 7.50
Brown vegan protein, broccoli, and pepper with rice as a side



M11. Sambal Eggplant 6.95 🌶️🌶️
Our special spicy sambal Eggplant is made with fresh tomato, ginger, garlic, onion and chili pepper on top of the eggplant plus rice as a side



M12. Vegetable Deluxe 6.75
Broccoli, carrot, mushroom, baby corn, snow pea with chef's white sauce plus rice as a side



M13. Savory Eggplant 8.95
Eggplant, silken tofu, mushroom sauce, and onions on a hot sizzling plate plus rice as a side



M14. Glorious Thai Curry 9.95
Vegan soy protein, Tofu, broccoli, carrot, pepper, and rice 🌶️



M15. Noble Rice 7.95
Soy protein, curry, coconut milk, lemon grass, garlic, and rice



M16. Golden Rice 6.50
Fried rice, tofu, mushroom, and mixed vegetables



M17. Olive Rice 6.50
Chinese olive paste, cabbage, carrot, tofu.



M18. Scrambled Tofu Delight 8.50
Scrambled tofu with vegan strip, fry, pepper, onion



M19. Spicy Cha Cha 8.50 🌶️🌶️
Ocean flavored Vegan product, pepper, onion, celery, spice plus rice as a side



M20. Dream of Ocean 7.95
Non-GMO bean curd wrapped with seaweed, ginger, peanuts, bell pepper, cabbage, carrots, plus rice as a side

Soups & Pasta Dishes



SP1. Bún Huế 7.95
Spicy broth with rice noodle, soy protein, green leaves, sprouts 🌶️🌶️



SP2. Laksa 8.50 🌶️
Tomyum, Oceanic flavored vegan product, Udon noodle, tomato, carrot, bok choy, cilantro



SP3. Golden Wonton Soup 6.95
Wontons, rice noodle, bok choy, scallion, and seaweed



SP4. Ocean Alfredo Pasta 8.50
Flavored Vegan protein, coconut milk, cream, onion, pepper, carrots, celery, and spaghetti



SP5. Vegan Ball Spaghetti 8.50
Vegan protein balls, onion, tomato, mushroom, and spaghetti



Delightful Desserts



D1. **Silky Flan** 2.75
Organic soy milk, coconut milk, Silken tofu, vanilla



D2. **Sweet Joy** 3.95
Frozen banana and, coconut, strawberry, peanuts, and syrup



D3. **Golden Crispy Banana** 3.95
Crispy Banana



D4. **Brownie** 2.00
Vegan cocoa powder brownie



D5. **Cheese Cake** 3.50
Vegan cheese, silken tofu, organic cane sugar, organic vanilla, lime juice



D6. **Carrot Cake** 3.50
Carrot, walnuts, raisin, organic cane sugar



D7. **Chocolate Cake** 3.50
Vegan chocolate chips, organic vanilla, silken tofu

Delicious Drinks

Smoothies



DR1. **Jade Garden** 3.50
Kale, carrot, apple, banana, avocado, ginger, soy milk,



DR2. **Mango Delight** 3.95
Mango, Vanilla Bean, Cashew Nut, cane sugar, soy milk



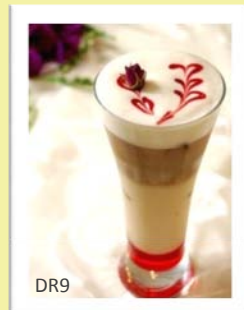
DR3. **Strawberry Smoothie** 3.95
Strawberry, Vanilla Bean, Cashew Nut, cane sugar, soy milk



DR4. **Coconut Delight** 3.95
Coconut milk, banana, pineapple, almond, peanuts, cinnamon, cane sugar, soy milk,

Cold Drinks

- DR5. **Ice Tea** 1.95
- DR6. **Soya Thai Tea** 2.75
- DR7. **Fresh Lemonade** 2.50
- DR8. **Vanilla ice coffee** 3.50
- DR9. **Icy Rose Cappuccino** 3.95
- DR10. **Non-alcoholic Beer** 2.50



Hot Drinks

- DR11. **Herbal Tea** 2.25
- DR12. **Green Tea** 2.25
- DR13. **Earl Grey Tea** 2.50
- DR14. **Fresh Coffee** 1.95
- DR15. **Hazelnut Cappuccino** 3.25
- DR16. **Loving Hut Cappuccino** 3.25

