



Loving Hut

YOUR NEIGHBORHOOD HEALTHY CUISINE

be veg
go green
save the planet

WWW.LOVINGHUT.COM | 3515-A W. UNION HILLS DR. GLENDALE AZ 85308 | P 602 978 0393 | E PHOENIX@LOVINGHUT.US

Delicious Appetizers



1 / **Golden Rolls** 2.95
Carrot, cabbage, taro, onion, various mushrooms, bean threads



2 / **Sea of Love** 4.25
Enoki mushroom, ginger, soy protein, seaweed



3 / **Arigato Sushi** 4.25
Rice, pickles, soy protein, sesame seed, seaweed seasonings



4 / **Golden Wontons** 3.95
Freshly homemade wontons. Soy paste, oriental celery, onion, leek



5 / **Spring Rolls** 4.25
Steamed jicama, carrot, lettuce, tofu, leek, peanut, wrapped with rice paper



6 / **BBQ Rolls** 4.50
BBQ soy protein, vermicelli, pickles, peanut, lettuce wrapped w/ rice paper

Fabulous Salads & Soups



10 / **Rainbow Salad** 6.25
Purple cabbage, green cabbage, carrot, cilantro, soy protein, roasted peanut, homemade dressing



11 / **Paradise Salad** 6.95
Purple cabbage, green cabbage, carrot, cilantro, silken soy protein, roasted peanut, homemade dressing



12 / **Fabulous Pho** 7.50
Au Lac traditional noodle soup. Fresh vermicelli, various soy proteins, onion, olive oil, special homemade vegetable broth



13 / **Exquisite Curry** 7.50
Homemade Indian curry. Rice vermicelli, carrot, potato, gluten, bell pepper, broccoli, onion, tofu, mushroom



14 / **Wonton Harmony** 6.95
Homemade wontons, wheat noodle, soy protein, broccoli, cauliflower, bokchoy, carrot, Napa cabbage

Western Favorites



20 / **Hawaiian Burger** 7.95
Soy patty, pineapple, onion, mushroom, vegan butter, teriyaki sauce, lettuce, tomato, vegenaise. Served w/ pickle & French fries



21 / **Spicy Cha Cha** 7.95
Yam-based protein, green bell pepper, red bell pepper, onion, celery, spicy seasonings, chopped lettuce



22 / **Savory Spaghetti** 7.50
Freshly homemade spaghetti sauce. Spaghetti noodle, bell peppers, onion, mushroom, tofu, parsley



23 / **BBQ Baguette** 5.50
French bread, BBQ soy protein, onion, mushroom, tomato, pickles, lettuce, vegenaise



24 / **Golden Nuggets** 4.25
Yum yum for young veggie lovers. Crispy soy protein strips coated with various flour mixtures

Exciting Entrées



30 / **Blissful Fried Rice** 6.50
Steamed rice, soy protein, tofu, carrot, green pea, green onion, yellow onion, cilantro



31 / **Guru Fried Rice** 6.95
Favorite Indian curry rice. Steamed rice, soy protein, tofu, carrot, green pea, onion, cilantro, spicy curry



32 / **Golden Vermicelli** 7.25
Vermicelli, golden roll, BBQ soy protein, lettuce, cucumber, pickle, roasted peanut, homemade sauce



33 / **BBQ Vermicelli** 7.25
Vermicelli, BBQ soy protein, lettuce, cucumber, pickle, roasted peanut. Served w/ homemade sauce



34 / **Chow Mein** 6.95
Smoky wheat noodle, cauliflower, broccoli, carrot, bokchoy, cabbage, Napa cabbage, onion, mushroom, tofu



35 / **Silken Moonlight** 7.25
Silken rice noodle, cauliflower, broccoli, carrot, bokchoy, cabbage, Napa cabbage, onion, mushroom, tofu



36 / **Golden Beauty** 8.95
Crispy soy protein, lemongrass, spicy seasonings, pickles and placed on chopped lettuce



37 / **Sweet & Sour Divine** 7.25
Soy protein, bell peppers, pineapple, carrot, onion, sesame seeds sautéed with homemade sweet & sour sauce.



38 / **Family Bean Curd** 6.95
Sautéed bean curd, broccoli, cauliflower, carrot, cabbage, Napa cabbage, bokchoy, onion, cilantro

All items are 100% vegan. Our goal is to provide the best and healthiest ingredients. If you would like to know about additional ingredients, please ask one of us for assistance!



More Exciting Entrées



39 / Noble Broccoli 7.25
Broccoli, brown soy protein, onion. Sautéed with various homemade sauces



40 / Mongolian Wonder 7.25
Soy protein, green onion, yellow onion, red bell pepper, ginger. Sautéed with various homemade sauces



41 / Delectable Eggplant 7.25
Silken tofu, eggplant, ginger, sweet basil, onion. Sautéed w/ homemade sauces and flavor with sesame oil



42 / Teriyaki Angels 7.25
Silken soy strips, broccoli, cauliflower, carrot, bamboo shoot, snow pea, cabbage. Sautéed w/ teriyaki sauce



43 / Teriyaki Galaxy 8.50
Silken soy protein strips sautéed with homemade teriyaki & BBQ sauces. Decorated w/ lettuce and tomato



44 / Seaweed Ocean 9.50
Crispy soy protein wrapped w/ seaweed, green onion, cucumber, pickles. Served with ginger sauce



45 / BE-VEG Delight 6.50
Assorted steamed vegetables: broccoli, cauliflower, carrot, snow pea, sesame oil. Served with dipping sauce



46 / GO-GREEN Deluxe 7.25
Steamed snow peas, sautéed silken soy protein in homemade teriyaki & BBQ sauces, sesame seeds



47 / SAVE-PLANET Curry 7.50
Traditional Indian curry with carrot, potato, gluten, bell pepper, onion, tofu, mushroom. Served with Indian bread

Great Combos



50 / New York Charm 7.95
Sautéed soy protein and broccoli with side breaded soy protein and choice of brown rice or steamed rice



51 / Formosa Luck 7.95
Sautéed soy protein and broccoli with side Formosa soy protein and choice of brown rice or steamed rice



52 / Phoenix Leisure 6.95
Sautéed soy protein and broccoli with side green salad and choice of brown rice or steamed rice

Side Dishes

- 101 / Steamed Rice 1.00
- 102 / Brown Rice 1.25
- 103 / French Fries 2.00

- 104 / Small Green Salad 2.95
- 105 / Small Steamed Veggies 3.50
- 106 / Extra Noodle 1.25

- 107 / Extra Bread 1.25

Delightful Desserts



60 / Silky Flan 2.50



61 / Cheese Cake 3.50



62 / Carrot Cake 3.50



63 / Banana Cake 3.50



64 / Banana Fritters 3.50

Cool Beverages



70 / Pink Lady 3.25
Cranberry juice, organic soy milk, rose petal



71 / Sunny Forest 3.25
Orange juice, mint, sparkling water, zesty petal



72 / Orange Joy 3.25
Orange juice, cranberry juice, zesty petal



73 / Happy Go Lucky 3.25
Lemon juice, fresh lime zest, lime, rose, rose petal



74 / Ice Mumbai Spirit 3.25
Famous Indian chai. Mixture of teas, herbs & spices, soy cream, cinnamon powder

- 75 / Fresh Squeezed Lemon Juice 2.00
- 76 / Fresh Carrot Juice 3.00
- 77 / Fresh Apple & Carrot Juice 3.50
- 78 / Jasmine Ice Tea (free refill) 1.50

- 79 / 100% Apple Juice 2.00
- 80 / 100% Orange Juice 2.50
- 81 / Americano Ice Coffee 2.50
- 82 / Happy Hazel Nut Latte 3.50

- 83 / Blissful Ice Cocoa 3.50
- 84 / Organic Soy Milk 2.00
- 85 / Sparkling Water Bottle 2.00
- 86 / Non-Alcoholic Beer Bottle 3.00

Hot Beverages



90 / Cappuccino 2.75



91 / Blissful Cocoa 2.95



92 / Relaxation Tea 2.25



93 / Mumbai Spirit 2.95



94 / Lovely Cappuccino 2.95

- 95 / Energetic Tea 2.25
- 96 / Green Tea 1.50

- 97 / Happy Latte 3.00
- 98 / Americano Coffee 1.75

- 99 / Single Espresso 1.75
- 100 / Double Espresso 2.25